



**ARLINGTON
HEALTH & FITNESS**
781.648.LIFE(5433)

Join Today for

\$39.99
a month

No commitment!
Enrollment Fee Applies

For a limited time only



**Arlington Health & Fitness -
Not Your Typical Gym!**



ARLINGTON HEALTH & FITNESS - 29 MASSACHUSETTS AVENUE, ARLINGTON, MA 02474 - TEL. 781-648-5433
▶ Located on the corner of Mass Ave and Route 16 (Behind CVS Pharmacy) www.ArlingtonHealthandFitness.net



**ARLINGTON
HEALTH & FITNESS**

- ▶ Convenient and accessible location
- ▶ Immaculate 9,000 sq. ft. work-out area
- ▶ Home of "Safe Start Program"™
- ▶ Featuring state-of-the-art free weights, cardiovascular and strength equipment
- ▶ Well-known Certified Personal Trainers
- ▶ Friendly and knowledgeable staff
- ▶ Extended hours — 7 days a week
- ▶ Large parking area
- ▶ I.H.R.S.A. affiliated; over 3,000 gyms worldwide

781.648.LIFE(5433)

www.ArlingtonHealthandFitness.net

Join Today for

\$39.99
a month

No commitment!
Enrollment Fee Applies

For a limited time only

